



RECIPE

Braised Beets

Recipe Created For	Main Ingredient
Braiser	Vegetables
Cook Time	Serving Size
Over 1 hour	6-8

RECIPE NOTES

Who said main dishes need to be the star of the show? Say goodbye to sides on the sideline and try these Braised Beets as the perfect a highlight to any main course. The beets are seasoned with the perfect medley of herbs and spices, such as thyme, rosemary, bay leaves and garlic. This mix of seasoning helps moderate the earthy, bitter taste of the beets over the cooking period. The even heat conduction and distribution of the Stainless Steel Braiser is the ultimate piece of cookware for braising the beets over a long cooking period. The most important ingredient in this recipe is patience, which is key for making these beets tender and delicious. The cook time for these beets is approximately one hour, or until a knife pierces through the beets with ease. The recipe makes 6-8 side servings of the braised beets, a perfect amount to accompany any meal at your next dinner party, or for having leftovers the next day. Check out the detailed ingredients and instructions below to get started on this savoury Braised Beets recipe.

INGREDIENTS

- 12 beets, halved if large
- 2 sprigs of thyme
- 2 sprigs of rosemary
- 2 bay leaves
- 4 cloves of garlic, whole
- 2 tbsp. olive oil
- Salt
- Black pepper, freshly ground

INSTRUCTIONS

Preheat oven to 425°F/ 220°C.

Toss beets with oil in a [Stainless Steel Braiser](#). Season with salt and pepper.

Add herbs, cloves of garlic and ¼ cup water. Cover with lid.

Braise beets for 60 minutes or until a knife easily slips through.

Remove from the oven and let cool in covered Braiser.

Peel skins off and serve.

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